

The Fritsma Factor

YOUR INTERACTIVE HEMOSTASIS RESOURCE

Cheat Sheet—October 2026

Welcome to our October 2026 [Fritsma Factor](#) Cheat Sheet. Here in the northern hemisphere, we've passed the autumnal equinox and the days are growing shorter and cooler, meanwhile our southern hemisphere participants simultaneously passed the vernal equinox. As we noted in September, [World Thrombosis Day, October 13](#), is just around the corner, this year featuring VTE threats to women's lives. While WTD is an annual event, we remain mindful of arterial thromboembolism (ATE) and VTE concerns throughout the year.

September 2026 QQ; Anticoagulants for LAC Patients with VTE

Our September 2026 Quick Question asked, "*In your facility, what anticoagulant (AC) is used for lupus anticoagulant (LAC) patients with venous thromboembolic disease (VTE)?*" Navigate to [September 2026 QQ Summary: Anticoagulant Therapy for LAC Patients with VTE](#) for your responses and a reference to a 2026 retrospective cohort study comparing DOAC to warfarin therapy ATE and VTE outcomes. You will also find an invitation to participate in a newly launched Mayo study on the efficacy of antithrombotic Rx in ATE and VTE.

October 2026 QQ; Antiphospholipid Antibodies

Continuing our thrombophilia theme, the October 2026 Quick Question is a quiz that asks, [Which is NOT an antiphospholipid antibody?](#) The choices are *anti beta-2 glycoprotein 1*, *alpha-2 antiplasmin*, *lupus anticoagulant*, *antiprothrombin*, and *anticardiolipin*. For a full discussion, check your local medical library for Sarkar MK, Fritsma GA, Walenga JM. *Thrombotic Disorders and Laboratory Assessment*. In Keohane EM, Butina MM, Mirza KM, Walenga JM. *Rodak's Hematology, Clinical Principles and Applications*, 7th Edition, 2025.

Hemostasis Agencies

Go to our [linked list of hemostasis agencies](#) for extended coagulation information. If your agency is not listed, please send a note to George@fritsmafactor.com with its website's URL.

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George A. Fritsma MS, MLS

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george@fritsmafactor.com; www.fritsmafactor.com