




## Have We Cured Hemophilia?



George A. Fritsma, MS MLS  
The Fritsma Factor: Your Interactive Hemostasis Resource  
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## ASCLS-OR, ASCLS-WA Joint Spring Seminar Have We Cured Hemophilia?

The participant...

- Reviews symptoms, prevalence, pathophysiology.
- Describes factor concentrate Rx from 1980–2014.
- Assays extended half-life (EHL) concentrate Rx.
- Assays factor levels in *bypassing* Rx.
- Assays control levels in *rebalancing* Rx.
- Assays factor levels following gene transfer Rx.

ASCLS OREGON  
The American Society for Clinical Laboratory Science

ASCLS WASHINGTON  
The American Society for Clinical Laboratory Science

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## Hemophilias: Congenital Single-factor Deficiencies

- Hemophilia A, B, and C prevalence: 1 in 8,000 male births
  - ~300,000 worldwide
  - Equivalent prevalence across people groups
  - 85% Hemophilia A (HA): FVIII deficiency
  - 14% Hemophilia B (HB, "Christmas disease"): FIX deficiency
  - 1% Hemophilia C (HC, Rosenthal syndrome): FXI deficiency
    - Gene frequency 4.3% in Ashkenazi or Iraqi Jews
- Autosomal recessive single factor deficiencies
  - Composite prevalence ~1 in 1,000,000 prothrombin, V, VII, X, XIII


Bowyer AE, Gosselin RC. Factor VIII and factor IX activity measurements for hemophilia diagnosis and related treatments. *Semin Thromb Hemost.* 2023;49:609–20. doi: 10.1055/s-0042-1758870. PMID: PMC10421651.

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## HA & HB Symptoms

Severe	Moderate	Mild
FVIII or FIX Activity		
<1 U/dL	1–5 U/dL	6–40 U/dL
70% of patients	15%	15%
Spontaneous bleeds	Bleed after minor trauma	Bleed after major trauma






Severe HA or HB

- Birth: umbilical stump and circumcision hemorrhage
- Anatomic bleeds: spontaneous, following injury or invasive procedures
  - Joints, large muscles, body cavities, GI, soft tissue, tongue, kidney, testicles, brain, CNS
- Chronic joint damage: inflammation, hematomas, hemarthroses
- Annualized bleed rate (ABR) 0–50

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## Hemophilias: Congenital Single-factor Deficiencies

Hemarthroses

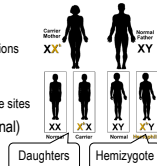
Airway Obstruction

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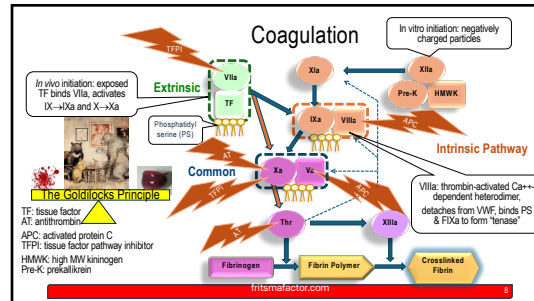
## HA &amp; HB Sex-linked Recessive Inheritance

- Hemophilia A *F8* gene: 186 M bases
  - Deletions, stop codons; missense and nonsense point mutations
  - 25–30% spontaneous mutation rate
- Hemophilia B *F9* gene: 139 M bases
  - >500 gene variants in all regions: missense, nonsense, splice sites
- 90% quantitative deficiencies, 10% qualitative (functional)



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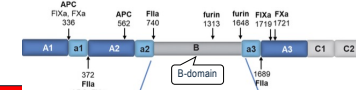
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## FVIII Structure

FVIII non-covalently binds von Willebrand factor (VWF), prolonging FVIII's plasma half-life from 6 mins to 12 hrs.

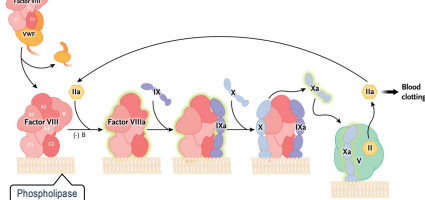
In the circulation, the B domain is cleaved. FVIII A1-A2 strands bind FIX while C1-C2 bind phosphatidyl serine, forming the *tenase* complex, tenase binds and activates FX → FXa.

Activated protein C, when bound to protein S, cleaves the A1-A2 fragment and mitigates tenase activation.



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## FVIII, FIX, VWF, Phospholipase: "Tenase"



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## Early Hemophilia Therapy Attempts

- 1900: Landsteiner defines blood groups
- 1926: Surgeon General published 12 attempts at group-specific WB transfusion
- 1934: McFarlane: topical Russell viper venom
- 1938: Patek and Taylor, Brinkhous: first characterization of anti-hemophilic globulin
- 1938: McFarlane: fresh whole plasma
- 1944: EJ Kohn plasma chemical fractionation

- Animals: Biggs and Macfarlane, 1954; Bidwell, 1955
- Kelwick and Wolf, 1957; Soulier, Gobb, Larrieu, 1957; Blomback, Blomback, Nilsson, 1958

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## Advances in the 1960–70s

- 1960: Kohn fraction prevents bleeds in extractions and minor procedures
  - First appendectomy of hemophilic
  - Stephen Christmas 1954 (HB)
- 1966: CRYO/AHF home therapy (expensive)
  - HEMOFIL M approved in 1966 for on-demand, D/Ced 3-22-25
- 1973: National Hemophilia Foundation, treatment centers
- 1980: prothrombin complex concentrate Rx for HB
  - Also 1980: activated PCC if inhibitors present
- 1980: life expectancy was 60
  - No viral inactivation
  - But high hepatitis incidence, 20,000 donors/pool



Journey, 1973, by Susan and Robert K. Massie

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## Breakthroughs: CRYO, Anti-hemophilic Factor

- 1964, Judith Graham Pool: 1919–75, Stanford
  - Developed cryoprecipitate, first home care opportunity
  - Still used for afibrinogenemia and VWD Rx
  - Died at 56 of brain tumor
  - In 1980 NHF named the Judith Graham Pool research fellowship
- 1968, Kenneth M. Brinkhous: 1908–2000, UNC Chapel Hill
  - First to chemically characterize factor VIII in 1938
  - Developed AHF using hemophilic dog experiments
  - HEMOFIL MAHF released by Baxter-Hyland in 1966
  - In 1972 NHF awarded Brinkhous the Murray Thelin Award



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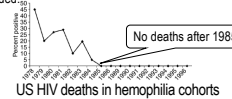
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## Human Immunodeficiency Virus Isolation: 1983–84

- July 1983: Pasteur Institute Prof. Luc Montagnier isolates virus from lymphadenopathy patients.
- Feb 1984: Montagnier isolates the virus from CDC AIDS samples, confirmed by Robert Gallo, NIH
- Sep 1984: Alpha and Culter demonstrate heat treatment is safe and does not raise immunogenicity
- Oct 1984: CDC/PHS publish screening and heat treatment guidelines, adopted by all agencies.
- But by 1984, 63% of 15,500 US hemophilia patients had HIV and all died.
- Since 1/1/1985, following adoption of AIDS antibody immunoassay screening, not a single new factor-transmitted HIV infection has been recorded



Donor blood is now screened for  
HIV, HBV, HCV, CMV, RSV, syphilis,  
other viruses in endemic areas



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## Recombinant Clotting Factors



- 1976: Genentech incorporated
- 1981: Genetics Institute incorporated
- Regulatory uncertainty: sterility, consistency questions generate 600 tests/lot
- 1982: both cloned *f9* gene and produced rFIX, a small molecule
  - r = recombinant versus plasma-derived = pdFIX
  - Poor yields, searching for a way to provide gamma-carboxylation
- 1984: Both cloned *f8* gene and produced rFVIII, but yields were small
  - 1985: rVWF coexpressed, improved rFVIII yields

Pipe SW. Recombinant clotting factors. Thromb Haemost 2008; 99: 840–50.

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## Standard Half-life (SHL) Recombinant FVIII (rFVIII) to Market

- 3/27/1987: UNC Chapel Hill, successful phase II infusion into a 39 YOA hemophilic
- Cultured in human serum albumin (HSA) matrix, theoretical viral transmission risk
- Genetics Institute with Baxter Hyland produced the first FDA-approved rFVIII
  - Recombinate® Bought by Takeda—approved 1992, D/Ced 3-22-25
- Genentech and Bayer produced Kogenate® approved 1993, D/Ced 2022

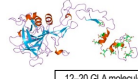


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## SHL pdFIX, rFIX

- Mononine® (Behring) D/Ced 2020
- Immunine® (Baxter) only remaining pdFIX, 2012
- Genetics Institute BeneFix® rFIX (no HSA, now Pfizer) 1998
  - Barrier:  $\gamma$ -carboxylation of 12–20 glutamic acids at amino terminus requires vitamin K, coexpressed  $\gamma$ -glutamyl carboxylase & furin activation enzyme
  - Prophylaxis: 90% reduced annual bleed rate



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## 2003–now: SHL rVIII or IX Adoption

- Hemophiliacs migrate from pdFVIII or IX to abundant rFVIII or IX
  - ReFacto® (SOBI-Pfizer) 2000, cultured in HSA D/Ced 2024
- Rx migrated from on-demand to 2 or 3X/week infusion prophylaxis
  - 90% annual bleed rate (ABR) reduction
- For complete list of rFVIII and IX Rx see Clot Club in DiaPharma website
- BUT: recombinants doubled inhibitor frequency over plasma-derived



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## CSA Considerations

- More complex and expensive?
- The OSA relies on patient plasma to provide normal procoagulant activities required for clot formation.
- The chromogenic assay only requires FXa generation from the FVIIIa/FIXa complex, thereby isolating the two factors that may be deficient in HA or HB.
  - The FVIII CSA supplies excess reagent FIX so the amount of plasma FIX is irrelevant.
  - The FIX CSA supplies excess reagent FVIII so the amount of plasma FVIII is irrelevant.
- CSAs that use bovine FX and/or FII provide superior accuracy and precision over human reagents.
- Only CSAs with bovine FX reagent provide accurate FVIII measurement in emicizumab (HemLibra) Rx.
- CSAs and OSAs underestimate Humate-P (pdFVIII), Wilate (pdFVIII/VWF), Obizur (porcine FVIIIa)
- CSAs underestimate gene transfer FVIII and FIX.
- Quinton T, Fraser J, Black KM, Sadeghi-Khormami A. Performance of a chromogenic factor IX activity assay in the recovery of factor IX replacement therapies. Poster presented at ISTH 2022.
- Douglas C, Quinton T, Cabanban E, Black K, Sadeghi-Khormami A. A standardized kit for a chromogenic modified Nijmegen-Bethesda assay: repeatability, reproducibility, and analytical sensitivity. Blood 2018; 132 Supplement 1: 1201.

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## One-stage clot-based assay (OSA) v. Two-stage Chromogenic Assay (CSA)

- When diagnosing FVIII or FIX deficiency, OSA and CSA results usually match.
  - If discordant but both are within the RI or in the 10–40 U/dL range, establish Dx.
  - Result of one is within RI but the other falls in the 10–40 U/dL range...
    - Bleeding phenotype coincides with the lower value.
    - For a firm diagnosis, follow up with genetic sequencing.
- OSA or CSA may underestimate or overestimate concentrate plasma concentration...
  - Use dedicated calibrators and controls.
  - Document methodology, identify reagents.
  - Match and validate with computed Rx concentrate.
  - Check published data, document correction factors.
  - Participate in external quality assessments.
- Communicate limitations with hemophilia center

Most assays are employed to follow Rx, not to diagnose

Sommer JM, Sadeghi-Khormami A, Bamowski C, Wikén M, Willemze AJ. Real-world assay variability between laboratories in monitoring of recombinant factor IX Fc fusion protein activity in plasma samples. Int J Lab Hematol. 2020 Jun;42(3):350-358. doi: 10.1111/ijlh.13189.

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## EHL FVIII &amp; FIX Concentrates Assayed by OSA

EHL Agent	Activator	Plasma	Eclat/Eclat			Adprova/Adprova			Alkyla			Juli			Esperot			Alprolix			Ideliban			Refuda/Refuda		
			1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3
STAT RT Automate	Silica	Cephalin																								
Q-Trend	Kaolin	NET																								
Thrombolyt Auto	Micro-Silica	NET																								
Thrombolyt	Micro-Silica	Fig/Clot phosphatidyl																								
Optocrom	Reagent	NET																								
Synstat	Colloidal silica	Synstat																								
Synstat	Elagic acid	Synstat																								
APTT SP	Colloidal silica	Synstat																								
Acto	Elagic acid	NET																								
Acto-FX	Elagic acid	Synstat																								
Acto-FX	Elagic acid	Syn-Net																								
Helix	Silica-diole	Fluor																								

Bowyer AE, Gosselin RC. Factor VIII and factor IX activity measurements for hemophilia diagnosis and related treatments. Semin Thromb Hemost. 2023;49:609–20. doi: 10.1055/s-0042-1758870. PMID: 36473488; PMCID: PMC10421651.

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## EHL FVIII &amp; FIX Concentrates Assayed by CSA

	Eclatex/Electa			Adprova/Admova			Alkyla			Juli			Esperot			Alprolix			Ideliban			Refuda/Rubinyr		
Method	pVIII-IC			BAK-855			pVIII-5C			BA194-1027			NS-GP			pVIII-IC			pVIII-PP (CLIS4)			NS-GP		
	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3
Chromogenic VIII Assay																								
Biochem FVIII																								
Technochrome FVIII																								
Coatest FVIII																								
FVIII Chromogenic																								
Electrochrom FVIII																								
Coatest FVIII																								
Biochem FVIII																								
Refuda FVIII																								
Refuda FVIII																								

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## Current HA and HB Rx Regimens

- On-demand with SHL porcine (pFVIII), pdFVIII, rFVIII; pdFIX, rFIX
  - Moderate or mild HA, HB w/ occasional bleeds, Rx before procedures
  - Breached factor bypass or gene Rx
  - Underresourced communities
- Prophylaxis with SHL rFVIII or rFIX
  - Reduce annual bleed rate (ABR)
  - HA 2–3 infusions per week
  - HB 2 infusions per week
- EHL concentrates
  - HA 1–2 infusions per week
  - HB <1 infusion per week
- Factor bypassing Rx
  - Emicizumab HemLibra® 2017
  - Mim8 at FDA approval December 2025?
- Rebalancing Rx in trials
  - Filusiran AT mRNA suppression, FDA Approval March 2025?
  - TPI and APC MoAbs approved in 2023
- Genetic transfer Rx approved 2021
  - HB: 2 therapeutics (not anymore)
  - HA: 1 therapeutic

Østergaard H, Lund J, Greisen PJ, et al. A factor VIIIa-mimetic bispecific antibody, Mim8, ameliorates bleeding upon severe vascular challenge in hemophilia A mice. Blood. 2021;138:1258–68. doi: 10.1182/blood.202010331. PMCID: PMC8499050.

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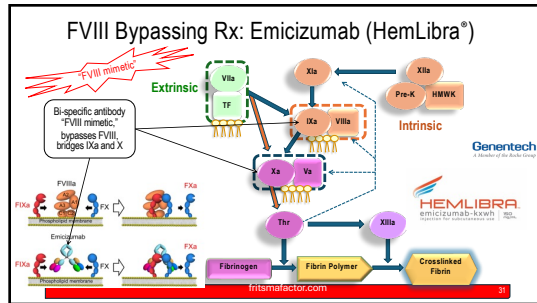
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## FVIII Bypassing Therapeutics

- FEIBA: 50 U/kg/12 h prophylactic, 70 U/kg/8 h in hemorrhage
  - Approved 1986 for on-demand Rx, 2013 for prophylaxis
  - Limit 200 U/kg/24 h to avoid DIC
  - Use chromogenic substrate FVIII assay when needed
- rFVIIa: NovoSeven® 90 µg/kg/6 h (FVII half-life)
  - Approved 1999 for on-demand Rx
  - Binds cell-bound tissue factor, no DIC risk
- Emicizumab (HemLibra®): prophylaxis w/ or w/o inhibitors
  - Approved 2017 for prophylaxis
  - 70% of hemophiliacs in industrialized countries
  - Use bovine-based chromogenic substrate FVIII assay

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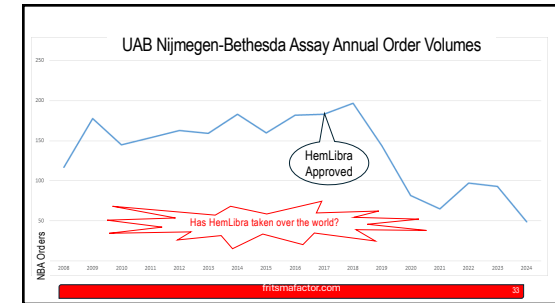
**Emicizumab Management**

- Approved 2017, expedited reviews based on 4 HAVEN trials
- 109 males  $\geq 12$  YOA with inhibitors: Emi Vs. on-demand rFVIII
  - Mean 2.9 treated bleeds per year compared to controls' 23.3
  - Less joint pain and swelling, better mobility
  - Thrombotic microangiopathy risk if given with APCC (e.g. FEIBA)
    - Halt APCC 24h before using Emi
- Dosing: all ages, SC injection
  - Loading: 3 mg/kg weekly for 4 weeks
  - Continuous: 1.5 mg/kg once weekly
  - Use FVIII concentrate to control breakthrough bleeds
  - Use rFVIIa with caution if FVIII inhibitor is present

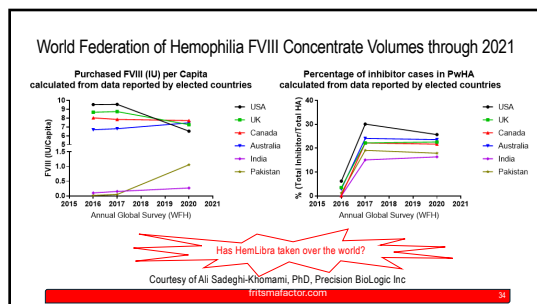
NEJM 2016;374:2044-53, NEJM 2017;377:3077-87, Scott LJ, Kim ES, Emicizumab-kxwh: first global approval. Drugs. 2016;76:269-74. Rodriguez-Medrano EC, Valenzuela LA, Emicizumab-kxwh: first FVIII inhibitor and first bypassing treatment. Haemophilia. 2017;23:1-20.

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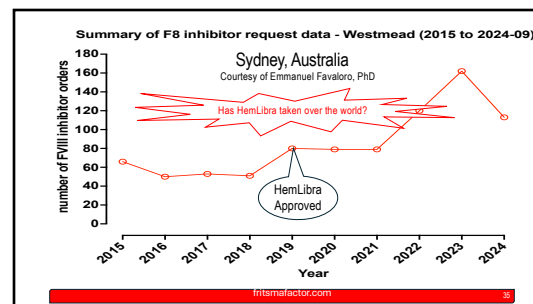
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**Why Measure Inhibitors?**

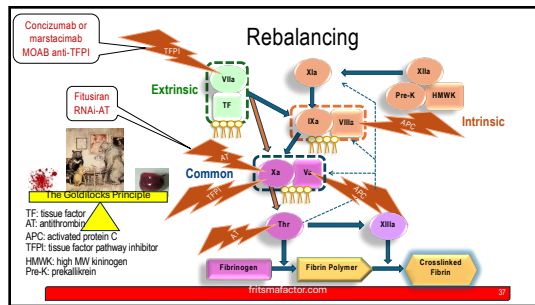
- Bypass breakthrough bleeding factor Rx
- Nijmegen-Bethesda assay, high complexity
- Distinguish low response from high response patients
  - Low responders W/ titer  $<5$ ; treat with factor concentrate
  - High responders W/ bleeding; treat with bypass preparations
  - High responders W/O bleeding: immune tolerance therapy
- Monitor immune tolerance therapy efficacy

Has HemLibra taken over the world?

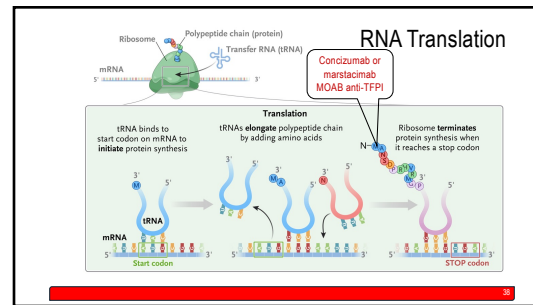
Courtesy of Connie Miller, PhD, CDC

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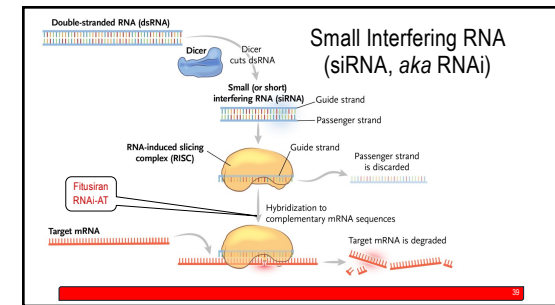
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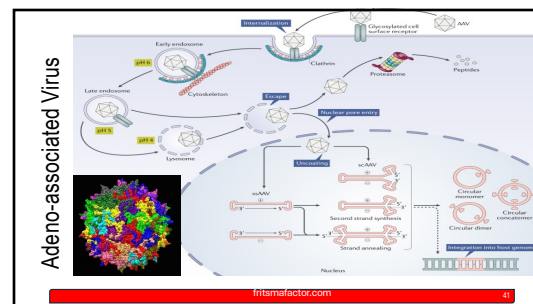
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### Rebalancing Therapy: Suppress TFPI or AT

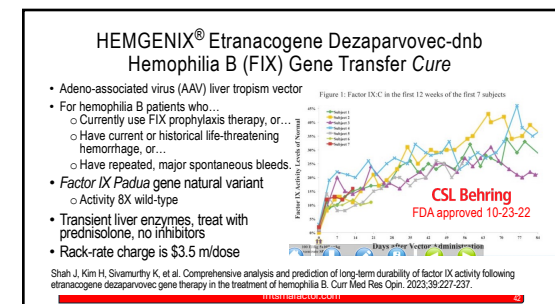
- MOABs suppress TFPI translation, both FDA approved December 2024
  - Concizumab (Alhemo® Novo Nordisk) daily injection, annual cost ~\$393,000
  - Marstacimab (Hymvaz® Pfizer) weekly injection, annual cost ~\$795,600
  - Both shipped Feb 2025
- Synthetic interfering small RNA (RNAi) may complement any mRNA sequence
  - Suppresses mRNA translation: first used in 1990 for petunia modification
  - Fitsiran® (Sanofi) RNAi-AT targets antithrombin, FDA approval March 2025(?)
- Same Rx works for HA or HB
  - No need to assay FVIII or FIX: will monitor TFPI or AT

• Napoli C et al, Plant Cell, 1990; Novina CD, Sharp PA, Nature 2004  
 • Margaret Ragni, MD, MPH, University of Pittsburgh, THSNA, Chicago 4/14/16

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### Roctavian® Valoctocogene Roxaparovec Hemophilia A FVIII Gene Transfer Trials



- BDD  $\beta$ 8 gene with minimal glycosylation
  - Vector optimization: rAAV "8" with BDD  $\beta$ 8 gene capacity
- FDA-approved 2023; clinical trial on 134 HA patients:
  - Median FVIII activity levels at 1 year = 41.9 IU/dL
    - 98.6% ABR decline
    - 83.8% reduction in FVIII concentrate usage
  - Elevated LFTs in 85.8% of participants; treated with prednisolone
  - Rack-rate charge is \$2.9 million
  - Estimated alternative prophylactic lifetime therapy cost is \$25 million

• Nathwani AC. Gene therapy for hemophilia. Hematology Am Soc Hematol Educ Program Dec 9;2022:569-578. doi: 10.1182/hematology.2022000388.  
 • Blair HA. Valoctocogene roxaparovec: first approval. Drugs. 2022;82:1505-10. doi: 10.1007/s40265-022-01788-y.

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### Post-Market HA Gene Transfer Rx

- Current recombinant adeno-associated virus (rAAV) vectors are limited...
  - FVIII levels 5–20 IU/dL remain stable for  $\geq 3$  years but now...
  - Initially high FVIII levels decline after year 1 or 2 in post-market usage.
- No HA gene therapy recipient has developed a persistent inhibitor.
- Gain of function FVIII would allow for durable, low FVIII antigen levels but high hemostatic function.
  - Analogous to FIX Padua in all current rAAV gene therapies for HB.
- Current OSA or CSA methods underestimate computed plasma Rx factors.
  - Factors are synthesized in hepatocytes, not Kupffer cells


Samelson-Jones BJ, Doshi BS, Georg LA. Coagulation factor VIII: biological basis of emerging hemophilia A therapies. Blood 2024.

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### Gain of Function FVIII Attempts

- FVIII-ET3 high secretion **human/porcine** hybrid where 125 synthetic porcine amino acids from the A1 and A3 domains are substituted into rFVIII along with a porcine B-domain replacement linker: **activity/antigen ~5X** normal FVIII
- FVIII-K12 with synthetic **canine** FVIII sequence, **activity/antigen ~6X**.
- K1813A substitution in BDD-FVIII activity/antigen ~2.4X** with "increased in vivo hemostatic potency."
- Inactivation-resistant FVIII, activity/antigen ~12X.**



Samelson-Jones BJ, Doshi BS, Georg LA. Coagulation factor VIII: biological basis of emerging hemophilia A therapies. Blood 2024.

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### Hemophilia Gene Transfer Rx Considerations

- One Rx: can't stop or modify Rx once started
- Post-infusion liver care with corticosteroids
- "Quiescent" joint inflammation markers based on reported pain
- No further need for prophylaxis but treat occasional bleeds?
  - Patient activity is emboldened leading to joint deterioration.
- Long-term monitoring required: what we know about durability...
  - Factor levels must remain >5mg/dL.
  - Hemophilia B: 8 years, steady
  - Hemophilia A: 6 years study per clinical trial but deteriorates in post-market patient Rx.
- Patient resistance: expense, imagined *mutagenesis*, *malignancy risk*, *vector shedding*
- Pfizer D/Ced Beqves HB gene cure 2-20-25, lack of demand

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### Have We Cured Hemophilia?

The participant...

- Reviewed symptoms, prevalence, pathophysiology.
- Described factor concentrate Rx from 1980–2014.
- Assays extended half-life (EHL) concentrate Rx.
- Assays factor levels in *bypassing* Rx.
- Assays control levels in *rebalancing* Rx.
- Assays factor levels following gene transfer Rx.




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