# The Fritsma Factor

### YOUR INTERACTIVE HEMOSTASIS RESOURCE

#### Cheat Sheet—October 2023

Welcome to our October 2023 Cheat Sheet. Autumn brings many hemostasis meetings and activities beginning with the <u>Mayo Bleeding and Thrombosis Conference</u>, October 4–6 at the Hilton Rochester Mayo Clinic. Attendees, be sure to visit the Precision BioLogic booth. Then Friday, October 13 is the annual World Thrombosis Day.

It's time to update our Conferences calendar for 2024, please send your meeting information to <a href="mailto:george@fritsmafactor.com">george@fritsmafactor.com</a>.

In October, I [Geo] will offer two presentations at the Northeast Laboratory Conference, October 17 and 18 in Portland, Maine, USA. My talks are Trauma Induced Coagulopathy and Massive Transfusion Protocol and Clumsy Clinical Communication, Let's Blame the Lab. This is an especially well-attended regional conference and exhibit that offers information for all medical laboratory specialties.

## September 2023 QQ: The Source of Hemolyzed Specimens

In a follow-up to our August Quick Question, our September question was a simple poll that we used to describe means for reducing specimen hemolysis. To tell about your approach to managing hemolysis, please add your comment below the summary post.

## October 2023 QQ: Should We Update Coag Factor Names?

Our October 2023 Quick Question follows up a provocative discussion that started with a <u>question</u> <u>by Dave McGlasson</u> who had seen recent hemostasis publications that used Arabic numerals [alternatively called Western or European numerals] instead of Roman numerals. For clarity, Mr. McGlasson was not referring to genetic terminology, which uses, for example, *F8* to identify the gene for factor VIII. Please answer the Quick Question and provide your opinion in the comments section.

Thanks to our Fritsma Factor participants and especially to those who review, comment on, and update our various posts, thereby keep our information fresh and accurate.

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