

The Fritsma Factor

YOUR INTERACTIVE HEMOSTASIS RESOURCE

Cheat Sheet—September 2023

Welcome to our September 2023 Cheat Sheet. Fall may be on the way here in the Northern Hemisphere, but it still feels like summer in the Magic City [our brand], [Birmingham, Alabama, USA](#).

Upcoming Activities

Our next major hemostasis-related conference is the [ECTH](#), Valencia, Spain, September 13–15 followed by the [PERT Consortium](#), Austin, Texas, USA, September 21–23.

In October, I [Geo] offer two presentations at the [Northeast Laboratory Conference](#), October 17 and 18 in Portland, Maine, USA. My talks are [Trauma Induced Coagulopathy and Massive Transfusion Protocol](#) and [Clumsy Clinical Communication, Let's Blame the Lab](#). This is an especially well-attended regional conference and exhibit that offers information for all medical laboratory specialties.

August 2023 QQ: Ex Vivo and IV Hemolysis

Our August 2023 Quick Question asked, “How do you distinguish ex vivo from intravascular plasma hemolysis?” The poll question arose from [our July 25, 2023 discussion, DIC and Hemolysis](#). Click [here for our findings](#) and discussion.

September 2023 QQ: The Source of Hemolyzed Specimens

In a follow-up to our August Quick Question, our September question is a simple poll that we hope to use to describe means for reducing specimen hemolysis. If you don't see an answer that fits your situation, please add your comment below [the introductory post](#).

UAB Coagulation Website

In 2001 I developed the University of Alabama at Birmingham coagulation website. The site has been well maintained and is up to date, offering a series of reference intervals, therapeutic ranges, test ordering algorithms and hemostasis test methodologies. I recommend a visit to the [UAB Coagulation Service](#).

Thanks to our Fritsma Factor participants and especially to those who review, comment on, and update our various posts, thereby keep our information fresh and accurate.

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